

Ballroom Dance!

at Oakland!

When: Every Thursday @ 1:30 starting May 6/10

Where: Oakland Fitness Centre - 19 Allstate Pkwy

Cost: Members -\$35.00/ 8 weeks

Non-members - \$45.00/8 weeks



Join dynamic instructor Jay Pickens for a fun-filled 45 minutes of dance – learn the Waltz, Cha Cha, Tango, Rumba & Swing to name a few – no partner required!

(These are basic level classes - easy and accessible to all!)

Call Nancy at 905-415-2579 or email at oakland@healthsystemsgroup.com to sign up.

Please note we require 10 participants to run this program.