

ZUMBA!



is at Oakland Fitness Centre and available to nonmembers!

Ditch the workout & join the party – this class is a 40 minute fusion of cardio, hip hop, salsa and aerobics. Dance inspired and fat-burning, it's unique!

When:

Every Monday at 12:10 pm starting Monday June 07/10



Where:



Oakland Fitness Centre

MEMBERS/FREE NONMEMBERS/\$5.00 PER CLASS

Call 905-475-2579 for information