

# GO GREEN AT WORK

## Trim your waste

Thank you for  
recycling  
and diverting  
waste from  
landfills

- ⌘ **Walk, bike, carpool or take public transit to work. You'll save money and a piece of the planet.**
- ⌘ **Use reusable coffee mugs at the office and the coffee shop instead of disposable. Styrofoam takes thousands of years to breakdown in landfills.**
- ⌘ **Go litterless for lunch. Pack your midday meal in refillable containers and use metal cutlery instead of plastic.**
- ⌘ **Buy environmentally friendly products that have little or no packaging, last a long time and are reusable or recyclable.**
- ⌘ **Bring your own reusable bags for shopping. Plastic bags take 100 years to breakdown in a landfill.**
- ⌘ **Save paper whenever possible. Print on both sides of paper, send documents by e-mail, proofread before printing and recycle.**
- ⌘ **Reduce your energy consumption. Turn off your computer monitor, printers, copy machines and the lights at the end of the day.**
- ⌘ **Educate yourself. Know what can be recycled and what can't**
- ⌘ **Whenever possible, take the stairs**

